

2016-17 Gymnastics Express Calendar



JULY						OCTOBER						JANUARY						APRIL						
M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	
				1	2/3						1/2												1/2	
4	5	6	7	8	9/10	3	4	5	6	7	8/9	2	3	4	5			3	4	5	6	7		
11	12	13	14	15	16/17	10	11	12	13	14	15/16	9	10	11	12	Starstruck Invitational		10	11	12	13	14	15/16	
18	19	20	21	22	23/24	17	18	19	20	21	22/23	16	17	18	19	Cirque de Galaxy NY		17	18	19	20	21		
25	26	27	28	29	30	24	25	26	27	28		23	24	25	26	43RD ANNUAL PINK & WHITE NIGHTS		24	25	26	27	28	Nationals/ Xcel Gold+ States	
						31						30	31											
AUGUST						NOVEMBER						FEBRUARY						MAY						
M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	
1	2	3	4	5	6/7		1	2	3	4	Judge's Cup			1	2	Travel Meet CHOW'S CHALLENGE / L4-L5 States								
8	9	10	11	12	13/14	7	8	9	10	11	12/13	6	7	8	9	10	GET MEET	1	2	3	4	5	L10 Nationals/ Xcel Silver States	
15	16	17	18	19	20/21	14	15	16	17	MURIEL GROSSFELD Invitational		13	14	15	16	17	Travel Meet Virginia Beach	8	9	10	11	12	Xcel Bronze States	
			25	26	27/28	21	22	23	24	25	26/27	20	21	22	23	24	Travel Meet Philadelphia	15	16	17	18	19	Xcel Regionals	
29	30 Season Starts	31				28	29	30				27	28					22	23	24	25	26	27/28	
																		29	30	31				
SEPTEMBER						DECEMBER						MARCH						JUNE						
M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	M	T	W	T	F	S/S	
			1	2	3/4				1	Travel Meet Providence, RI				1	2	Travel Meet COURTNEY KUPETS / TNT Local Meet						1	2	3/4
5	6	7	8	9	10/11	5	6	7	8	9	GET TEAM Show	6	7	8	9	10	Winners MEET	5	6	7	8	9		
12	13	14	15	16	17/18	12	13	14	15	16	TNT MEET	13	14	15	16	17	L7-L10 States	12	13	14	15	16	17/18	
19	20	21	22	23	CT Clinic @ FVG	19	20	21	22	23	24/25	20	21	22	23	24	L3, L6 States	19	20	21	22	23	24/25	
26	27	28	29	30		26	27	28	29	30	31	27	28	29	30	31		26	27	28	29	30		

Level	Days	Time
Xcel	Mon, Wed	6:00-8:30
Firecrackers	Mon, Wed	4:00-5:15
Pre-Team	Tues, Thu	4:00-6:30
Level 3	Tues, Thu, Fri	5:15-8:15
Level 4	Mon, Tues, Fri, Sat	5:00-8:00
Level 5	Tues, Wed, Fri, Sat	5:00-8:00
Level 6	Mon, Wed, Thu, Sat	4:00-7:00
Level 7	Tues, Wed, Thu, Sat	4:00-7:00
Level 8-10	Monday - Saturday	2:00-6:00

Date	Meet / Show	Levels
10/29-10/30	GET Halloween	ALL
11/5-11/6	Judges Cup	L3-L6, XCEL
11/18-11/20	Grossfeld Invitational	L3-L6, XCEL
12/2-12/4	RI Invitational	ALL
12/10	GET Team Show	ALL
12/18	TNT Local Meet	L4-L5
1/6-1/8	Little Boston	ALL
1/13-1/15	Starstruck Invitational	L7-L10
1/20-1/22	Cirque de Galaxy	L3-L7, XCEL
1/27-1/29	Parkettes	L7-L10
2/3-2/5	Chow's Challenge	L9-L10
2/4-2/5	L4/L5 CT State Championship	L4-L5 Qualifiers
2/11	GET Local Meet	ALL
2/16-2/19	Excalibur Cup	ALL
2/24-2/26	Pink Invitational	ALL
3/5	TNT Local Meet	L3, L6
3/3-3/5	Courtney Kupets Invitational	L9-L10
3/11	Winners Local Meet	XCEL
3/18-3/19	L7-L10 CT State Championship	L7-L10 Qualifiers
3/25-3/26	L3, L6 CT State Championship	L3, L6 Qualifiers
4/7-4/9	L9-L10 Regional Championship	L9, L10 Qualifiers
4/22-4/23	L7-L8 Regional Championship	L7, L8 Qualifiers
4/29-4/30	Xcel Gold, Platinum, Diamond Championship	Xcel Gold, Platinum
4/29-4/30	L9 Eastern Nationals	L9 Qualifiers
5/5-5/7	L10 Eastern Nationals	L10 Qualifiers
5/6-5/7	Xcel Silver Championship	Xcel Silver
5/13-5/14	Xcel Bronze Championship	Xcel Bronze
5/20-5/21	Xcel Regional Championship	Xcel Qualifiers
6/10	Laurie Scanlon Rec Gym Show	PreTeam, L10

Holiday	Date
Labor Day	9/5
Thanksgiving	11/24
Winter Break	12/24 - 12/26
New Years	1/2
Memorial Day	5/29

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