



Team Practice Schedule

<u>Level</u>	<u>Days</u>	<u>Time</u>
Xcel	Mon, Wed	6:00-8:30
Firecrackers	Mon, Wed	4:00-5:15
Pre-Team	Tues, Thu	4:00-6:30
Level 3	Tues, Thu, Fri	5:15-8:15
Level 4	Mon, Tues, Fri, Sat	5:00-8:00
Level 5	Tues, Wed, Fri, Sat	5:00-8:00
Level 6	Mon, Wed, Thu, Sat	4:00-7:00
Level 7	Tues, Wed, Thu, Sat	4:00-7:00
Level 8-10	Monday - Saturday	2:00-6:00